

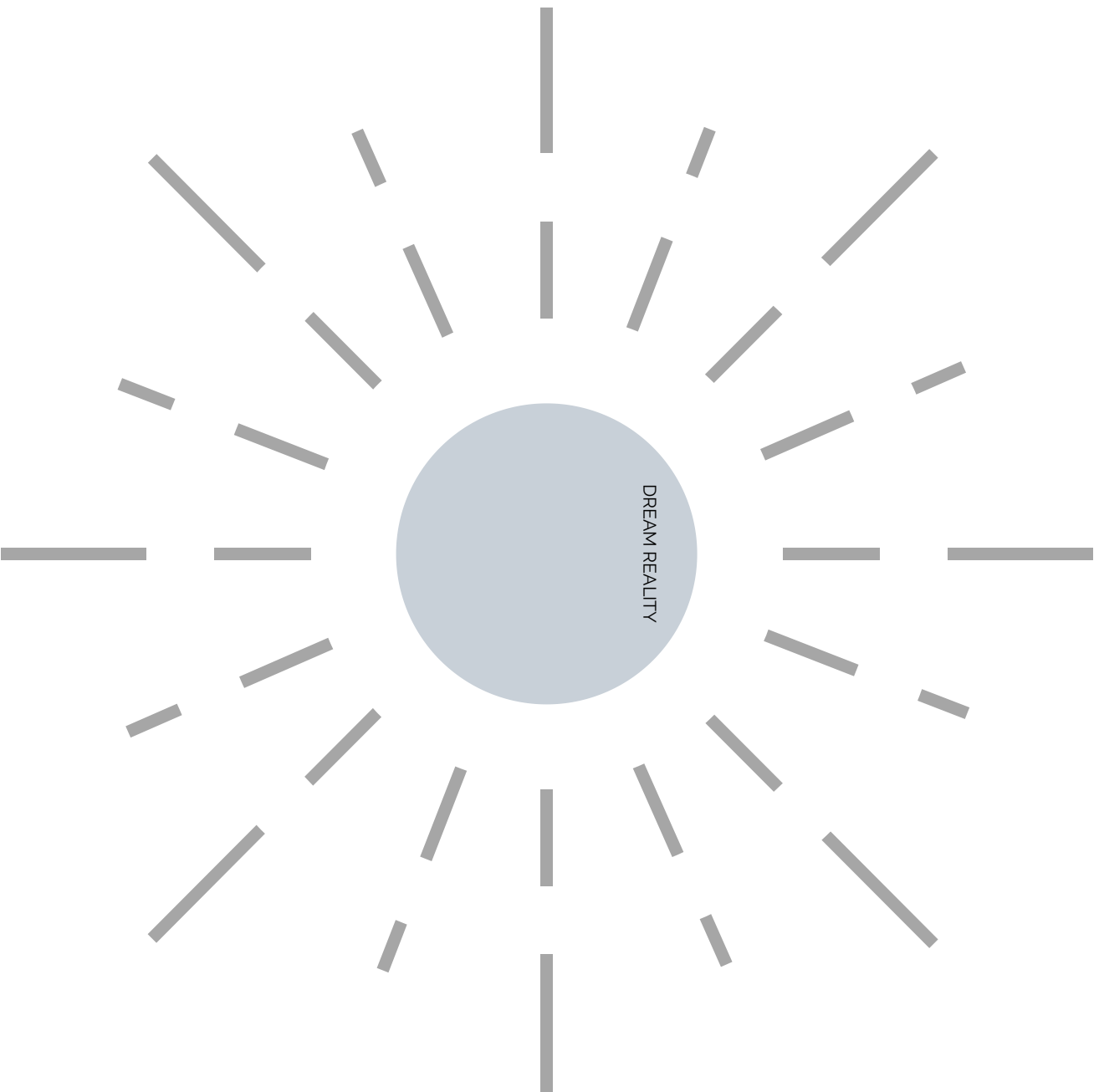
CURRENT
REALITY

DREAM
REALITY

Bridge To Your Dreams

LISAROBIN.YOUNG.COM

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Pre-Prioritizing Goals

Faith	vs.	Family
Faith	vs.	Fitness 1
Faith	vs.	Fitness 2
Faith	vs.	Fortune
Faith	vs.	Freedom
Family	vs.	Fitness 1
Family	vs.	Fitness 2
Family	vs.	Fortune
Family	vs.	Freedom
Fitness 1	vs.	Fitness 2
Fitness 1	vs.	Fortune
Fitness 1	vs.	Freedom
Fitness 2	vs.	Fortune
Fitness 2	vs.	Freedom
Fortune	vs.	Freedom

Decide which goal is most important BEFORE you start the year.

Each goal "competes" in a head-to-head battle against the other goals you've set for the year. Circle the winner of each match-up, and tally the number of wins at the end. The goal with the most wins is your number one priority for the next 12 months.

Total Wins

Faith _____ Fit 2 _____

Family _____ Fortune _____

Fit 1 _____ Freedom _____

Tie Breakers

When comparing two goals with the same number of wins, the ultimate winner is the goal that came out on top in the head-to-head match up.

These are my 12-month goals, in priority order:

1.

4.

2.

5.

3.

6.



Goal Milestones

Priority 1 Annual Goal:

How will I know when I have achieved this goal?

What will it feel/look like? What specific metrics (income, number goals, etc.) will I have to hit in order to achieve this goal?

Use this chart to "backward plan" your sub goals/milestones. Remember that radish goals can often be attained in about a month, while pumpkin goals can take a whole season to bear fruit. Plan your calendar accordingly.

Milestone Description	Pumpkin/Radish



Goal Milestones

Priority 2
Annual Goal:

How will I know when I have achieved this goal?

What will it feel/look like? What specific metrics (income, number goals, etc.) will I have to hit in order to achieve this goal?

Use this chart to "backward plan" your sub goals/milestones. Remember that radish goals can often be attained in about a month, while pumpkin goals can take a whole season to bear fruit. Plan your calendar accordingly.

Milestone Description	Pumpkin/Radish



Goal Milestones

**Priority 3
Annual Goal:**

How will I know when I have achieved this goal?

What will it feel/look like? What specific metrics (income, number goals, etc.) will I have to hit in order to achieve this goal?

Use this chart to "backward plan" your sub goals/milestones. Remember that radish goals can often be attained in about a month, while pumpkin goals can take a whole season to bear fruit. Plan your calendar accordingly.

Milestone Description	Pumpkin/Radish



Goal Milestones

Priority 4 Annual Goal:

How will I know when I have achieved this goal?

What will it feel/look like? What specific metrics (income, number goals, etc.) will I have to hit in order to achieve this goal?

Use this chart to "backward plan" your sub goals/milestones. Remember that radish goals can often be attained in about a month, while pumpkin goals can take a whole season to bear fruit. Plan your calendar accordingly.

Milestone Description	Pumpkin/Radish



Goal Milestones

**Priority 5
Annual Goal:**

How will I know when I have achieved this goal?

What will it feel/look like? What specific metrics (income, number goals, etc.) will I have to hit in order to achieve this goal?

Use this chart to “backward plan” your sub goals/milestones. Remember that radish goals can often be attained in about a month, while pumpkin goals can take a whole season to bear fruit. Plan your calendar accordingly.

Milestone Description	Pumpkin/Radish



Goal Milestones

Priority 6
Annual Goal:

How will I know when I have achieved this goal?

What will it feel/look like? What specific metrics (income, number goals, etc.) will I have to hit in order to achieve this goal?

Use this chart to "backward plan" your sub goals/milestones. Remember that radish goals can often be attained in about a month, while pumpkin goals can take a whole season to bear fruit. Plan your calendar accordingly.

Milestone Description	Pumpkin/Radish



2020

JANUARY

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

FEBRUARY

S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

MARCH

S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

APRIL

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

MAY

S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JUNE

S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

JULY

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

AUGUST

S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER

S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

OCTOBER

S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

NOVEMBER

S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

DECEMBER

S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Annual Projections

Key Area Goals

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Quarterly Milestones

Q1 Q2 Q3 Q4

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Q1 Q2 Q3 Q4

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Q1 Q2 Q3 Q4

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Q1 Q2 Q3 Q4

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Quarter 1		
January	February	March
Quarter 2		
April	May	June
Quarter 3		
July	August	September
Quarter 4		
October	November	December





Key Area Goals

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Quarterly Milestones

Q1 Q2 Q3 Q4

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Q1 Q2 Q3 Q4

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Q1 Q2 Q3 Q4

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Q1 Q2 Q3 Q4

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____



Key Area Goals

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Quarterly Milestones

Q1 Q2 Q3 Q4

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Q1 Q2 Q3 Q4

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Q1 Q2 Q3 Q4

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Q1 Q2 Q3 Q4

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____



Key Area Goals

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Quarterly Milestones

Q1 Q2 Q3 Q4

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Q1 Q2 Q3 Q4

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Q1 Q2 Q3 Q4

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Q1 Q2 Q3 Q4

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

First Quarter Projections

Key Area Goals

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Quarterly Milestones

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Events & Happenings

Monthly Milestones

January

February

March

1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6

Other Considerations



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January Projections

Key Area Goals

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Quarterly Milestones

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Monthly Milestones

Events & Happenings

Must Do Action Items

Jan 1-7

Jan 8-15

Jan 16-21

Jan 22-28

Jan 29-31



February Projections

Key Area Goals

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Quarterly Milestones

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Monthly Milestones

Events & Happenings

Must Do Action Items

Feb 1-7

Feb 8-15

Feb 16-21

Feb 22-28



March Projections

Key Area Goals

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Quarterly Milestones

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Monthly Milestones

Events & Happenings

Must Do Action Items

Mar 1-7

Mar 8-15

Mar 16-21

Mar 22-28

Mar 29-31



Second Quarter Projections

Key Area Goals

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Quarterly Milestones

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Events & Happenings

Monthly Milestones

April

May

June

1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6

Other Considerations



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April Projections

Key Area Goals

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Quarterly Milestones

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Monthly Milestones

Events & Happenings

Must Do Action Items

Apr 1-7

Apr 8-15

Apr 16-21

Apr 22-28

Apr 29-30



May Projections

Key Area Goals

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Quarterly Milestones

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Monthly Milestones

Events & Happenings

Must Do Action Items

May 1-7

May 8-15

May 16-21

May 22-28

May 29-31



June Projections

Key Area Goals

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Quarterly Milestones

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Monthly Milestones

Events & Happenings

Must Do Action Items

Jun 1-7

Jun 8-15

Jun 16-21

Jun 22-28

Jun 29-30



Third Quarter Projections

Key Area Goals

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Quarterly Milestones

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Events & Happenings

Monthly Milestones

July

August

September

1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6

Other Considerations



July Projections

Key Area Goals

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Quarterly Milestones

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Monthly Milestones

Events & Happenings

Must Do Action Items

Jul 1-7

Jul 8-15

Jul 16-21

Jul 22-28

Jul 29-31



August Projections

Key Area Goals

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Quarterly Milestones

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Monthly Milestones

Events & Happenings

Must Do Action Items

Aug 1-7

Aug 8-15

Aug 16-21

Aug 22-28

Aug 29-31



September Projections

Key Area Goals

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Quarterly Milestones

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Monthly Milestones

Events & Happenings

Must Do Action Items

Sep 1-7

Sep 8-15

Sep 16-21

Sep 22-28

Sep 29-30



Fourth Quarter Projections

Key Area Goals

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Quarterly Milestones

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Events & Happenings

Monthly Milestones

October

November

December

1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6

Other Considerations



October Projections

Key Area Goals

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Quarterly Milestones

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Monthly Milestones

Events & Happenings

Must Do Action Items

Oct 1-7

Oct 8-15

Oct 16-21

Oct 22-28

Oct 29-31



November Projections

Key Area Goals

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Quarterly Milestones

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Monthly Milestones

Events & Happenings

Must Do Action Items

Nov 1-7

Nov 8-15

Nov 16-21

Nov 22-28

Nov 29-30



December Projections

Key Area Goals

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Quarterly Milestones

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Monthly Milestones

Events & Happenings

Must Do Action Items

Dec 1-7

Dec 8-15

Dec 16-21

Dec 22-28

Dec 29-31

