

Milestones

Thinking about each key area, what are your milestones for the next 12 months?
If you have specific due dates, write them here as well as into your calendar.

Key Area	Q 1 Milestone	Q2 Milestone	Q3 Milestone	Q4 Milestone
Faith				
Family				
Fitness – 1				
Fitness – 2				
Fortune				
Freedom				

Calendar Your Activities

Use the calendar pages (or your own planner) to assign target dates for each activity. If you have recurring action steps (like phone calls to make, glasses of water to drink, etc), use the weekly activity tracker to track your wins each week.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

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