

Day Two: Faith, Judgment, and Ruthless Honesty

Approximate time to complete today's lesson: 35 minutes

What are your core beliefs and values? Today is a deeper exploration of what matters most to you.

What I Truly Believe About Myself

What I Truly Value In My Life

What I Truly Believe About My Great Work

What I Truly Believe About My World

Synthesis: Connect The Threads

Take a look at what you've written on the previous two pages. In light of what you TRULY believe, what do you want to see differently in the next 12 months?

Pick Just One

If you could only select one thing in the Key Area of Faith to change over the next 12 months, what one thing would give you the most cause for celebration? How would you feel if you could see that shift in your life? How would you benefit from this shift? What would you miss out on if you didn't make this shift?

Our highest calling on this planet is to find our dharma, our mission, our purpose, and to live it to the fullest.